

## **ADVICE SESSIONS**

Available to those people who are newly diagnosed and to those for whom main rehabilitation services are not felt to be necessary at the time of application e.g. if symptoms are not having an impact on daily life.

When a diagnosis is given it is often devastating and leaves the individual and their family wondering about the future. There are often many questions – some of which remain unanswered. The initial period following diagnosis is a very difficult time for both the individual and their family. The opportunity to gain early practical advice is invaluable as it helps to regain some control and understanding of the situation. The aim of this session is to answer questions and to discuss the concerns people have.

Traditional medical practice gives the diagnosis but takes little account of how the person can be taught to manage the condition and talks about the ‘inevitable’, offering very little hope. Conductive Education is not a crisis care system but one which can look forward and offers hope and provides concrete strategies for turning that hope towards reality. It teaches that there is life after diagnosis for the person and their families. Without exception those who have attended have reported that they wish they had done so earlier.

Unfortunately the two hour advice session does not fall under any of the grants currently available, and a fee of £65.00 is payable. Please note this does not mean that people receiving an advice session are excluded from grants that are available in the future when they may wish to access our main rehabilitation services.

Conductive Rehabilitation Services  
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